

✠ **THE PARISH OF  
ST. PAUL WITH ST. LUKE** ✠



**Sunday 26<sup>th</sup> February 2023**  
**Mass the First Sunday of Lent**

**145 226 154 298**

**Genesis 2:15-17, 3:1-17: Julian Romans: 5:12-19: Ed**

**Gospel: Matthew 4:1-11 Intercessions: Ed**

**Chalice: Mary Welcomers: Nikki & Ed**

**Refreshments: Nikki**

**PLEASE PRAY FOR:**

Esther Christian, John Christian, Rachel Christian,  
Janice Sutherland, Audrey Mameni, Marek Machoy, Bertie Headley,  
John Beney, baby Lois, Phil Cutcliffe, Nipa Mondal,  
Sarah-Louise Pegden, Hendrika Santer-Bream, Elizabeth Oppon,  
Kofi Oppon, Paul Parnell, Tom Cantwell, James, Layla,  
Modupe Kenku

For our link church of **Santa Monica, Maputo** in Mozambique  
And for our church school **St Paul with St Luke Primary School**

**February's Year Mind:** Ralph Beyer, Rose Finn-Kelcey,  
Arthur John Mc Kenzie

**Today** we celebrate **the 1<sup>st</sup> Sunday of Lent** as we continue our journey (which started on Ash Wednesday with the imposition of Ashes) towards Good Friday and Easter Day.

We also continue our tradition of having members of the congregation share something about their faith journey and today we welcome Julian as our speaker.

## Lent Activities

**Lent Course:** 7 pm Tuesdays during Lent starting **Tuesday 28<sup>th</sup> February** (4 sessions) Caring for God's World, Our World

**Prayers Around the Cross:** 7pm Sundays during Lent starting **Sunday 26<sup>th</sup> February**.

**Lent Lunch** (Giving): **Sunday 12<sup>th</sup> March** after the Service

**Lent Pots:** Giving during Lent to Diocesan Lent Appeal and St Monica's Mozambique.

**Praying the Parish Boundary:** **Sunday 5<sup>th</sup> March at 2pm**

**Please note:** the Electoral Roll revision **ends on Saturday 4<sup>th</sup> March**. If you have joined the church after April 2022 and wish to be on the Electoral Roll, please complete a form and give it to Hendrika (our Electoral Roll Officer).

**Fairtrade Fortnight: Monday 27 Feb to Sunday 12 March.** Ways in which you can support Fairtrade in your daily life:

1. **buy fair trade** when you go shopping and maybe
2. sign up to **Fairtrade Fortnight** at [fairtrade.org.uk](https://www.fairtrade.org.uk)
3. Pray for climate justice for farmers in the countries most vulnerable to climate change?



**Preparing for our APCM.** Phil Sedler (our external auditor) audited our accounts yesterday in preparation for our annual meeting. A big thank you to **Cara** (our Treasurer) for keeping such splendid accounts.



# Lent Course: Caring for God's World, our World. (7pm Zoom)

**Session 1: Water access in the Holy Land** – A talk by Beverley and Cara about these issues, the impact of climate change, the implications politically and for us as Christians.  
(Tues 28 Feb)



**Session 2: Floods – in Nigeria.** A talk by Cathy on how climate change is impacting people in Nigeria and how Christians are responding to it.  
(Tues 7 Mar)



**Session 3: Food poverty – locally and internationally.** A talk by Mary about working locally in a Soup Kitchen and about how Climate change is affecting people's access to food globally.  
(Tues 21 Mar)



**Session 4: Local Action & Local People:** A talk by Julian and Joey about their involvement in local and national in response to climate change and how we might get involved as a church.  
(Tues 28 Mar)



**Daily office: Monday- Wednesday, Friday & Saturday 8am & 5.30pm.**

**Sunday 26<sup>th</sup> February 10am**

**Sunday 26<sup>th</sup> February 7pm**

**Tuesday 28<sup>th</sup> February 7pm**

**Sunday 5<sup>th</sup> March 10am**

**Sunday 5<sup>th</sup> March 2pm**

**Sunday 5<sup>th</sup> March 7pm**

**Tuesday 7<sup>th</sup> March 7pm**

**Wednesday 8<sup>th</sup> March 6.45pm**

**Sunday 12<sup>th</sup> March 10am**

**Sunday 12<sup>th</sup> March 7pm**

**Tuesday 14<sup>th</sup> March 7pm**

**Sunday 19<sup>th</sup> March 10am**

**Sunday 19<sup>th</sup> March 7pm**

**Tuesday 21<sup>st</sup> March 7pm**

**Sunday 26<sup>th</sup> March 10am**

**Mass for Lent 1**

**Prayers around the Cross**

**Lent Course – Session 1 (Zoom)**

**Mass for Lent 2**

**Parish Prayer Walk**

**Prayers around the Cross**

**Lent Course – Session 2 (Zoom)**

**PCC Meeting** (*church hall*)

**Mass for Lent 3** (*followed by Lent Lunch*)

**Prayers around the Cross**

**Deanery Synod** (*St Paul's Shadwell*)

**Mass for 4<sup>th</sup> Sunday of Lent** (*Mothering Sunday*)

**Prayers around the Cross**

**Lent Course – Session 3 (Zoom)**

**Mass for Passion Sunday**

**THIS IS THE GATE OF HEAVEN**

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: 5<sup>th</sup> March 2023**

**Mass for the Second Sunday of Lent**

**188 56 4 408**

**Genesis 12:1-4: Colin Romans: 4:1-5, 13-17: Cara**

**Gospel: John 3:1-17 Intercessions: Cara**

**Chalice: Ayo Welcomers: Cara & Hannah**

**Refreshments: Cara**



THE CHURCH  
OF ENGLAND

*Vicar* Mother Bernadette Hegarty 020 3774 6833

*Churchwarden:* Julian Bream 07818 048048

**DONATIONS gratefully received, Gift Aided where possible.**

Bank details: CAF Bank, Account Name: St Paul's Bow Common PCC  
Sort Cod e: 40 5240 Account No: 00033150



read this **online** at [www.stpaulsbowcommon.org/weekly-news-sheet](http://www.stpaulsbowcommon.org/weekly-news-sheet)