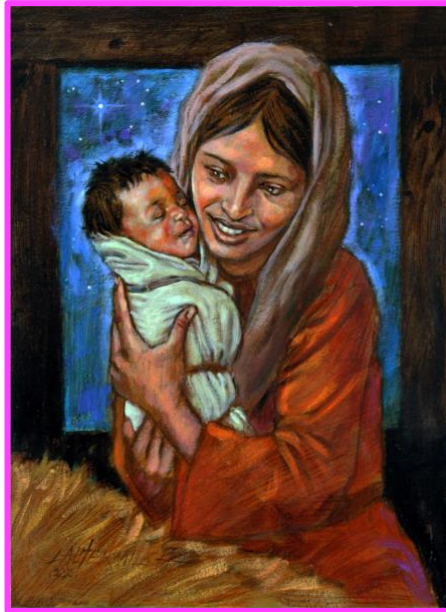


✠ **THE PARISH OF  
ST. PAUL WITH ST. LUKE** ✠



**Sunday 19<sup>th</sup> March 2023**  
**Mass for Mothering Sunday**

**467 62 206 494**

**1 Samuel 1:20-22: Sunday School**

**Colossians 3:12-17: Sunday School**

**Gospel: John 19:25-27 Intercessions: Sunday School**

**Chalice: Toni Welcomers: Colin & Hannah**

**Refreshments: Ruth**

**PLEASE PRAY FOR:**

Esther Christian, John Christian, Rachel Christian,  
Janice Sutherland, Audrey Mameli, Marek Machoy, Bertie Headley,  
John Beney, baby Lois, Phil Cutcliffe, Nipa Mondal,  
Sarah-Louise Pegden, Hendrika Santer-Bream, Elizabeth Oppon,  
Kofi Oppon, Paul Parnell, Tom Cantwell, James, Layla,  
Modupe Kenku, Shirley Clarke

For our link church of **Santa Monica, Maputo** in Mozambique  
And for our church school **St Paul with St Luke Primary School**

**March's Year Mind:** Maroula Addington, Revd. John Fethney,  
Terrence Smith, Rory Forester, Ewa Machoy

**Today** we celebrate **the 4th Sunday of Lent – Mothering Sunday** and we especially welcome our **Sunday School** this morning as we look forward to them leading part of the service.



**Thank you** to everyone who contributed so generously to our Lent Lunch last week. And thank you to Rosemary and Tiny who made such delicious soup. We raised **£87** - to be shared between our sister church St Monica's, Mozambique and the Diocesan Lent Appeal.

## **Lent Course: Caring for God's World, our World.** **(7pm Zoom) Final two sessions.**

### **Session 3: Food poverty – locally** *(Tues 21 Mar)* **and internationally.**

A talk by Mary about working locally in a Soup Kitchen and about how Climate change is affecting people's access to food globally.



### **Session 4: Local Action &** *(Tues 28 Mar)* **Local People:**

A talk by Julian and Joey about their involvement in local and national in response to climate change and how we might get involved as a church.



### **Prayers around the Cross this evening at 7pm:**

If you haven't experienced this Taize style service, then I strongly encourage you to do so. It is a great way to spend time in prayer and in silence with God.

**APCM Next Sunday 26 March 2023 at 11am**

## **Being on St Paul's PCC**

The PCC exists to support the minister in the mission and ministry of the church. So being on the PCC is about sharing in the leadership of the church. It is both a responsibility and a privilege to serve in this way.

Two Church Wardens are elected annually. Julian has faithfully been our sole Church Warden for a number of years and is willing to stand again. However, it would be great if this year we could once again be at capacity and elect **2 church wardens**.

### **PCC members are elected every three years.**

In the three-year cycle, we have 2 members standing down (who may wish to stand again), and we have two vacancies. Therefore, we will be electing **4 PCC members**. If you haven't served on the PCC before, now is the time to give it due prayer and consideration.

### **Deanery Synod Reps are elected every three years:**

Deanery Synod reps are elected on a 3-year cycle. This year we will be electing 1 Deanery Synod Rep.

**Please note** that only members on the electoral roll of the church are able to nominate and vote in PCC and Deanery Synod elections.

Parishioners and members on the electoral roll are entitled to nominate and vote for Church Wardens.

## **Holy Week at a glance**

**Stations of the Cross:** 7pm Tuesday 4th April 7pm

**Prayers around the Cross:** 7pm Wednesday 5<sup>th</sup> April

**Maundy Thursday** (*mass & foot washing*) 7pm Thursday 6 April

**Liturgy of the Cross:** 1.30pm Good Friday 7<sup>th</sup> April

**Easter Vigil:** 8pm Saturday 8<sup>th</sup> April

**Easter Day Mass:** 10am Sunday 9<sup>th</sup> April

**Daily office: Monday- Wednesday, Friday & Saturday 8am & 5.30pm.**

**Sunday 19<sup>th</sup> March 10am**

**Sunday 19<sup>th</sup> March 7pm**

**Tuesday 21<sup>st</sup> March 7pm**

**Sunday 26<sup>th</sup> March 10am**

**Sunday 26<sup>th</sup> March 11am**

**Sunday 26<sup>th</sup> March 7pm**

**Tuesday 28<sup>th</sup> March 7pm**

**Sunday 2<sup>nd</sup> April. 10am**

**Sunday 2<sup>nd</sup> April 7pm**

**Tuesday 4<sup>th</sup> April 7pm**

**Wednesday 5<sup>th</sup> April 7pm**

**Thursday 6<sup>th</sup> April 7pm**

**Friday 7<sup>th</sup> April 1.30pm**

**Saturday 8<sup>th</sup> April 8pm**

**Sunday 9<sup>th</sup> April 10am**

**Sunday 16<sup>th</sup> April 10am**

**Mass for 4<sup>th</sup> Sunday of Lent**

*(Mothering Sunday)*

**Prayers around the Cross**

**Lent Course – Session 3 (Zoom)**

**Mass for Passion Sunday**

**APCM**

**Prayers around the Cross**

**Lent Course – Session 4 (Zoom)**

**Palm Sunday**

**Prayers around the Cross**

**Stations of the Cross**

**Prayers around the Cross**

**Mass for Maundy Thursday**

*(with foot washing & the Watch)*

**Liturgy of the Cross**

**Easter Vigil & First Mass**

**Mass for Easter Day**

**Mass for Easter 2**

**THIS IS THE GATE OF HEAVEN**

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: 26<sup>th</sup> March 2023**

**Mass for 5<sup>th</sup> Sunday of Lent**

*(Passion Sunday)*

**44 226 287 228**

**Ezekiel 37:1-4: Colin Romans 8:6-11: Ed**

**Gospel: John 11:1-45 Intercessions: Cathy**

**Chalice: Julian Welcomers: Nikki & Ed**

**Refreshments: Ed**

*Vicar* Mother Bernadette Hegarty 020 3774 6833

*Churchwarden:* Julian Bream 07818 048048

**DONATIONS gratefully received, Gift Aided where possible.**

Bank details: CAF Bank, Account Name: St Paul's Bow Common PCC

Sort Cod e: 40 524 0 Account No: 00033150



THE CHURCH  
OF ENGLAND

