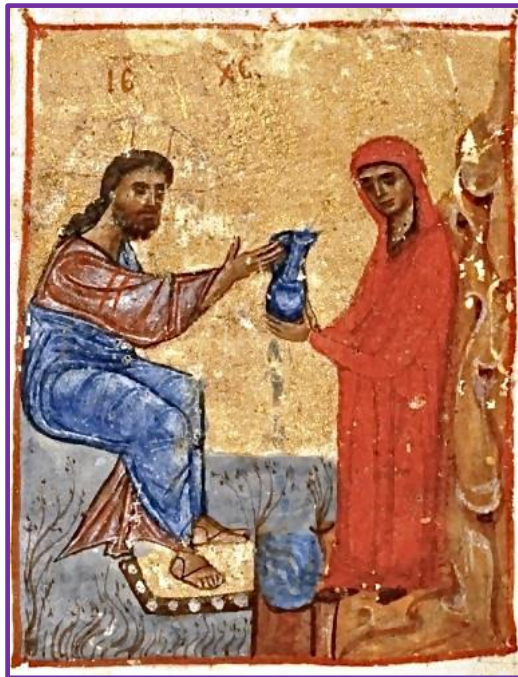


✠ **THE PARISH OF
ST. PAUL WITH ST. LUKE** ✠



Sunday: 12th March 2023

Mass for the Third Sunday of Lent

188 541 442 275

Exodus 17:1-7: Nikki Romans: 5:1-11: Joana

Gospel: John 4:5-42 Intercessions: Julian

Chalice: Nikki Welcomers: Joana & Jaliyah

Refreshments: Mary

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian,
Janice Sutherland, Audrey Mameli, Marek Machoy, Bertie Headley,
John Beney, baby Lois, Phil Cutcliffe, Nipa Mondal,
Sarah-Louise Pegden, Hendrika Santer-Bream, Elizabeth Oppon,
Kofi Oppon, Paul Parnell, Tom Cantwell, James, Layla,
Modupe Kenku, Shirley Clarke

For our link church of **Santa Monica, Maputo** in Mozambique
And for our church school **St Paul with St Luke Primary School**

March's Year Mind: Maroula Addington, Revd. John Fethney,
Terrence Smith, Rory Forester, Ewa Machoy

Today we celebrate **the 3rd Sunday of Lent** as we continue our journey (which started on Ash Wednesday with the imposition of Ashes) towards Good Friday and Easter Day.

We also continue our tradition of having members of the congregation share something about their faith journey and this morning we welcome Hannah as our speaker.

Lent Activities

Lent Course: 7 pm Tuesdays during Lent which started on **Tuesday 28th February** (4 sessions) Caring for God's World, Our World. We have had two excellent sessions so far, so if you haven't joined in, please do. **Please note: next session will be on Tuesday 21st March.**

Prayers Around the Cross: 7pm Sundays during Lent

Lent Lunch (Giving): **today** after the Service.

Lent Pots: Giving during Lent to Diocesan Lent Appeal and St Monica's Mozambique.



Lent Lunch today after the service. Rosemary and Tiny have kindly offered to make some delicious soup – so do stay and donate

generously. Money raised will be shared between our sister church St Monica's, Mozambique and the Diocesan Lent Appeal.

Fairtrade Fortnight ends today

Ways in which you can continue to support Fairtrade in your daily life:

1. **buy fair trade** when you go shopping.
2. Go online and continue to support Fairtrade activities
3. Pray for climate justice for farmers in the countries most vulnerable to climate change?



Lent Course: Caring for God's World, our World. **(7pm Zoom) Final two sessions.**

Session 3: Food poverty – locally (Tues 21 Mar) and internationally.

A talk by Mary about working locally in a Soup Kitchen and about how Climate change is affecting people's access to food globally.



Session 4: Local Action &

(Tues 28 Mar) Local People: A talk by Julian and Joey about their involvement in local and national in response to climate change and how we might get involved as a church.



APCM Sunday 26 March 2023 at 11am

Being on St Paul's PCC

The PCC exists to support the minister in the mission and ministry of the church. So being on the PCC is about sharing in the leadership of the church. It is both a responsibility and a privilege to serve in this way.

Two Church Wardens are elected annually. Julian has faithfully been our sole Church Warden for a number of years and is willing to stand again. However, it would be great if this year we could once again be at capacity and elect **2 church wardens.**

PCC members are elected every three years. In the three-year cycle, we have 2 members standing down (who may wish to stand again), and we have two vacancies. Therefore, we will be electing **4 PCC members.** If you haven't served on the PCC before, now is the time to give it due prayer and consideration.

Please note that only members on the electoral roll of the church are able to nominate and vote in PCC and Deanery Synod elections. Parishioners and members on the electoral roll are entitled to nominate and vote for Church Wardens.

Daily office: Monday- Wednesday, Friday & Saturday 8am & 5.30pm.

Sunday 12th March 10am

Mass for Lent 3 (followed by Lent Lunch)

Sunday 12th March 7pm

Prayers around the Cross

Tuesday 14th March 7pm

Deanery Synod (St Paul's Shadwell)

Sunday 19th March 10am

Mass for 4th Sunday of Lent (Mothering Sunday)

Sunday 19th March 7pm

Prayers around the Cross

Tuesday 21st March 7pm

Lent Course – Session 3 (Zoom)

Sunday 26th March 10am

Mass for Passion Sunday

Sunday 26th March 11am

APCM

Sunday 26th March 7pm

Prayers around the Cross

Tuesday 28th March 7pm

Lent Course – Session 4 (Zoom)

Sunday 2nd April. 10am

Palm Sunday

Sunday 2nd April 7pm

Prayers around the Cross

Tuesday 4th April 7pm

Stations of the Cross

Wednesday 5th April 7pm

Prayers around the Cross

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 19th March 2023

Mass for Mothering Sunday

(4th Sunday of Lent)

467 62 206 494

Exodus 2:1-10 Sunday School

Gospel: John 19:25-27 Intercessions: Sunday School

Chalice: Toni Welcomers: Colin & Hannah

Refreshments: Ruth



THE CHURCH
OF ENGLAND

Vicar Mother Bernadette Hegarty 020 3774 6833

Churchwarden: Julian Bream 07818 048048

DONATIONS gratefully received, Gift Aided where possible.

Bank details: CAF Bank, Account Name: St Paul's Bow Common PCC
Sort Cod e: 40 5240 Account No: 00033150

read this **online** at www.stpaulsbowcommon.org/weekly-news-sheet