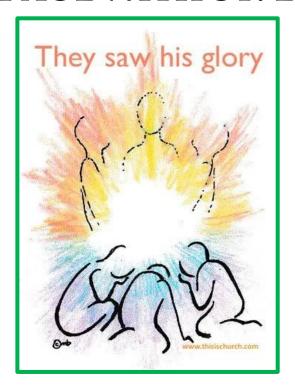
THE PARISH OF ★ ST. PAUL WITH ST. LUKE ★



Sunday 11th February 2024

Mass for the Sunday next before Lent

Hymns: 62 186 380 442

2 Kings 2:1-12 Cathy L 2 Corinthians 4:3-6: Cara

Gospel: Mark 9:2-9 Intercessions: Cara

Chalice: Hendrika **Welcomers**: Cathy L & Cara

Refreshments: Hendrika

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian,
Rosemary Christian Janice Sutherland,
Marek Machoy, Lois, Tom Cantwell, John Daryl Jimenez,
Fr. Duncan Ross, Amelita Nicodemus, Phil Cutcliffe, Carolyne Scott,
Anna Ameila, Jackie Coral, Vivian Juanson, Julie Scowen

For our link church of **Santa Monica, Maputo** in Mozambique And for our church school **St Paul with St Luke Primary School**

February's Year Mind: Ralph Beyer, Rose Finn-Kelcey, Arthur John Mc Kenzie, Liam Hegarty

All enquiries to: **020 3774 6833**

stpaulsbowcommon@gmail.com

Today we celebrate **the Sunday next before Lent** and so we come to the end of our brief journey through Ordinary time before we begin our Lenten journey towards Holy Week and Easter.

Lent Course – starting Tuesday 20th February 7pm on Zoom.

This year we are inviting you to suggest and introduce a hymn that is special to you and somehow connects you



with God - it might even be one that helps you to pray, it may be one that you loved as a child, it may one which the words or the tune mean something to you. This will be followed by a discussion. We are hoping to have 10 hymns - that way we could share 2 hymns per session. If you are interested then let Julian, Ruth or Mthr. Bernadette know.



A big thank to Fiona and Susauna from Capstone Foster Care. They came along last Sunday and gave a very informative and encouraging talk about fostering. Please pass the information along to family and friends as the need for good foster parents is growing

Well done Sunday School for raising funds for the provision of two toilets – one in Nigeria and one in Mozambique. And thank you Mary and Hannah for posing with the certificates on behalf of Sunday School.



Lent begins Wednesday 14th

February. Mass with the imposition of ashes will take place in church at **7pm**.





Jumble Sale Saturday 2 March 12-2pm. Volunteers needed so if you're free, come along and help.

Come and pick up a bargain and let family friends and neighbours know about this event.

A big thank you to Ayo, Hannah, Cathy, Ayo and Colin who worked really hard last week and put up our Warm Hub. We still have the heating and lighting to go in – but it is well on the way.



Lent Activities

Lent Course: 7 pm Tuesdays during Lent starting **Tuesday 20th February** (4 sessions) Rhythms and Reflections. Do you have a favourite hymns that connects you to God, that you pray with – then share this will you church family.

Prayers Around the Cross: 7pm Sundays during Lent starting Sunday 18th February.

Lent Lunch (Giving): Sunday 3rd March after the Service

Lent Pots: Giving during Lent to Diocesan Lent Appeal and St Monica's Mozambique.

Lent Trip to St Stephen Walbrook: Saturday 24 February starting at 11am and followed by lunch nearby.

Evensong Westminster Abbey: date and time to be confirmed.

Funds raised from our Lent Pot and Lent Lunch giving will be shared between the Diocesan Lent Appeal and our ALMA link church in Mozambique.

APCM - Date for your diary

The PCC has set the date for the APCM which will be held on **Sunday 14 April** towards the end of the service.

Monthly Bible Study Group meeting today at 11.30am:

In our last session we reached the half way mark. The session today will be a discussion on the reading so far and a brief introduction to the next two chapters. Everyone is welcome to join in.



Daily office: Monday-Wednesday, Friday & Saturday: 8am & 5.30pm

Sunday 11th February 10am

Sunday 11th February 11.30am

Wednesday 14th February 7pm Sunday 18th February 10am Sunday 18 February 7pm Tuesday 20th February 7pm

Saturday 24th February 11am Sunday 25th February 10am Sunday 25th February 7pm Tuesday 27th February 7pm

Saturday 2nd March 12-2pm Sunday 3rd March 10am Sunday 3rd March 7pm Mass for Sunday next before Lent

Monthly Bible Study Group

Mass for Ash Wednesday

Mass for Lent 1

Prayers around the Cross

Lent Course (1) 'Rhythm and

Reflections' (Zoom)

Trip to St Stephen Walbrook

Mass for Lent 2

Prayers around the Cross

Lent Course (2) 'Rhythm and

Reflections' (Zoom)

Jumble Sale

Mass for Lent 3

Prayers around the Cross

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 18th February 2024 Mass for the First Sunday of Lent

Hymns: 145 188 167 148

Genesis 9:8-17: Colin 1 Peter 3:18-end: Nikki

Gospel: Mark 1:9-15 Intercessions: Julian

Chalice: Ayo Welcomers: Colin & Ed

Refreshments: Ed

Vicar Mother Bernadette Hegarty 020 3774 6833 Churchwarden: Julian Bream 07818 048048

DONATIONS gratefully received, Gift Aided where possible.

Bank details: CAF Bank, Account Name: St Paul's Church Bow Common PCC Sort Code: 40 52 40 Account No: 00033150

